



**CHURCH & DWIGHT CO., INC.**

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500 Charles Ewing Boulevard  
Ewing, New Jersey 08628

(800) 221-0453  
[www.ahperformance.com](http://www.ahperformance.com)

February 7, 2022

To Whom It May Concern:

**Re: Lactose**

Church & Dwight Co., Inc. is pleased to inform you that Arm & Hammer™ Sodium Bicarbonate, Flow K Potassium Bicarbonate and Ammonium Bicarbonates do not contain lactose, and further, no potential for lactose contamination occurs during manufacturing and shipping operations.

Feel free to contact me with any questions.

Regards,

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